

Finnish Swimming Association is pleased to invite you to take part in the

# Nordic diving and Nordic Junior Diving Championships 2016

**Date:** 9. – 11.12.2016

**Venue:** Mäkelänrinteen uintikeskus

**Address:** Mäkelänkatu 49, 00550 Helsinki

**Invited nations:** Denmark  
Estonia  
Faroe Islands  
Finland  
Iceland  
Lithuania  
Latvia  
Norway  
Sweden



**Events:** Springboard 1m & 3m and platform for seniors & juniors. Synchro 3m senior & junior. Synchro platform senior. Team Event.

**Rules:** According to the rules of The Nordic Swimming Federation.

**Program:** You can find the preliminary program in this invitation. The final program will be sent out on Monday, November 7th.

**Facilities:** 1m springboards, 3m springboards and 5m, 7½m and 10m platforms. Dryland facilities.

**Training:** The pool is available for training for all teams on Wednesday December 7<sup>th</sup> at 17-20 and Thursday December 8<sup>th</sup> at 12-20.



**Accommodation:**

Hotel Ava  
Karstulantie 6  
00550 Helsinki  
[www.ava.fi](http://www.ava.fi)

Studio room for two	335€/person
Double room	315€/person
Apartment with two rooms for four	295€/person
Apartment with three rooms for six	280€/person

Accommodation package includes three nights from Thursday 8<sup>th</sup> to Sunday 11<sup>th</sup>, breakfasts, lunches and dinners, banquet dinner on Saturday and t-shirt.

Extra night is available from Wednesday 7<sup>th</sup> to Thursday 8<sup>th</sup>.

Studio room for two	52€/person
Double room	50€/person
Apartment with two rooms for four	42€/person
Apartment with three rooms for six	38€/person

**Meals:**

Lunches are served in the venue and the dinners in the Hotel Ava.

Lunch: Thursday, Friday, Saturday and Sunday

Dinner: Thursday and Friday

Banquet Dinner on Saturday

All of the above meals are included with the price of accommodation.

**Transportation:**

The easiest way to get from the airport Helsinki-Vantaa to hotel Ava is via the airport shuttle train and shuttle bus. If you need any help with the transportation form and to airport, please contact us.

**Technical meeting:**

Thursday, December 8<sup>th</sup> in Hotel Ava



**Entries:**

Attached you will find the Preliminary Entry, Final Entry and Accommodation forms. Please return your entries to Finnish Swimming Association, e-mail: [annimari.korhonen@uimaliitto.fi](mailto:annimari.korhonen@uimaliitto.fi).

Preliminary Entry/Booking:	<b>October 3<sup>rd</sup> 2016</b>
Reservation payment 50 %:	<b>October 17<sup>th</sup> 2016</b>
Final Entry/Booking:	<b>November 4<sup>th</sup> 2016</b>
Final payment:	<b>December 2<sup>th</sup> 2016</b>
Dive sheets:	<b>December 7<sup>th</sup> 2016</b>

**Dive sheets:**

We will use <http://www.divecalc.net/divecalc/> during the competition. We'll send you a Divecalc file, where you can entry your divers, dive sheets and judges.

The statement of dives shall be submitted no later than 24 hours before the commencement of the preliminary competition in each event with Divecalc file to [secretary.nc2016diving@gmail.com](mailto:secretary.nc2016diving@gmail.com). We will appreciate if you could send your dive sheets no later than 7th December.

Please update for newest version of Divecalc.

**Contact:**

If you have any questions concerning the Nordic Diving and Nordic Junior Diving Championships do not hesitate to contact us.

Annimari Korhonen  
Finnish Swimming Association  
Phone: +358 44 549 0350  
Email: [annimari.korhonen@uimaliitto.fi](mailto:annimari.korhonen@uimaliitto.fi)

Jouni Seppänen  
Diving Coordinator  
Phone: +358 50 543 4821  
Email: [jouni.seppanen@uimaliitto.fi](mailto:jouni.seppanen@uimaliitto.fi)

We look forward to see you in Finland!



## Preliminary Program

Timetable will be ready after the final entry.  
There may be some changes in the program.

Wednesday 7th	Training	17.00 - 20.00
Thursday 8th	Training	12.00 - 20.00
Friday 9th	Training	10.00 - 12.00
	Competition	12.00 - 20.00
	Lunch	11.00-15.00
Saturday 10th	Training	9.00 - 10.30
	Competition	10.30 - 18.00
	Lunch	11.00 - 15.00
	Banquet	19.00 - 22.30
Sunday 11th	Training	9.00 - 10.30
	Competition	10.30 - 17.30
	Lunch	11.00 - 15.00

